

Energies of 2019 – A Year of New Birth

By Bonnie Schneider

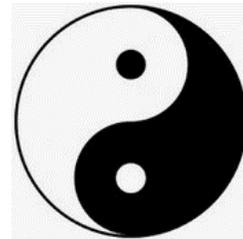
This year is a time when we need to find the appropriate ways and means through which to express the fruit of our consciousness and spirituality that we have developed to date. This is a year of **expression** – of all that we are, and are conscious of. Our consciousness is essentially our love, our soul love. 2019 is a year of **spiritual love** as opposed to strictly human or personality love, spiritual love always seeks to express itself.

The associations of the year are decidedly **feminine** – symbolic of giving birth. The Mother also represents new birth. This suggests manifesting the soul consciousness which is nurtured and maintained within us through purity of motivation.

This year corresponds to **and** symbolizes **understanding** and the **Mother** – the Mother of Form. When we participate in this energy when we seek to understand others – people, things and life – and we desire to create and give form to our ideas.

The intelligence and understanding required is that of the **ajna** (brow) centre. It therefore refers to soul intelligence, soul wisdom. But there is also an association with the throat centre, requiring us to manifest in thought and form that which emanates from higher understanding.

I cannot help but think how supportive this year will be, because the soul quality of the year is **compassion**. The energy is a **combined yin and yang** energy – simultaneously receptive and expressive. When we identify with soul within ourselves, we seek this soul presence in all relationships. Any inner state of acceptance, tolerance, compassion, understanding and empowerment is a soul state of consciousness.



The Positive:

starting a creative venture; fruitful; fertility; initiative; action; light; truth; newness; renewal and growth; radiation of joy and creativity.

The Negative:

difficulty; doubt; ignorance; wasted energies; the unknown; vacillation; capability of violence and terrible anger; failure to start what one should do. Obviously we must avoid the negative and emphasize the positive.

The creativity of the year resonates with our astral body, and particularly our **imagination**. We must use the imagination as an instrument of our higher understanding and will in order to manifest that which is an expression of love, rather than using it in a negative way to keep us stuck in fear, worry and selfishness. We could summarize this as the **right use of feeling**.

This is consequently the year of **art** and the year of **desire**, the object of both being the pursuit and manifestation of Beauty when soul motivated or inspired. Use your creative imagination to manifest what you desire. 3 is a year of bringing into fruition that which has been nurtured in the two years before. Year one is planting the seed. Year two is nurturing the seed and year 3 you start to see the fruits of your labour.

The Planetary associations this year are **Saturn** and **Venus**.



Saturn tells us to act with discipline and responsibility. It requires us to build structure into the areas of life that require it in order that the higher can be made manifest. Saturn teaches us to become mature. Saturn demands that we come to grips with the harsh realities of dense, physical manifestation. It will require us to develop discrimination, willpower and patience, as well as to apply ourselves to the tasks at hand.

Venus leads us into social relationships, romantic connections, friendships and artistic expression. She emphasizes the astral/emotional nature.



Our two guides for the year, Saturn and Venus, will ask us to reflect on, and possibly adjust, our attitudes toward



Energies of 2019 – A Year of New Birth

money, personal possessions, creature comforts, social values, aesthetic values and the way we manifest love in everyday life.

The emphasis this year is on walking your talk, manifesting your consciousness, creating outwardly what is inwardly true, demonstrating practically the great love that is within you and within all. Let us give birth this year – and be willing to endure the necessary labour – so that the world we live in will be sanctified by our contribution and care.

May you have a creative, fulfilling and loving 2019 !

Love and Blessings from Bonnie
And Barbara (tech angel)