

# The Energies of 2018

## The Next 1000 Years

The spiritual purpose for all human experience during the next 1000 years is right human relations. In order for this to occur, humanity needs to develop soul consciousness. Right human relations requires certain qualities, such as respect, responsibility, cooperation, compassion and empowerment. All of these are soul qualities.

During the current millenium, we are largely under the influence of second ray energy – Love-Wisdom. In order for us to experience its potential, we need to reconcile duality with all that it implies: separatism, hate, prejudice, racial discrimination, and other intolerant and separative attitudes. We will initially be dealing with these things as they express through wars and economic disparity. Education, which is second ray, will play a large role in bringing about the necessary changes. These issues are very apparent in the world today.

## The 21<sup>st</sup> Century

Before we present the meaning of the year 2018, let's take a look at the 21<sup>st</sup> century since that is the immediate context in which the yearly cycles unfold.

The 21st century is the microcosm of the next 2000 years. The 21st century carries the two themes of:

1. the development of soul consciousness, and
2. the manifestation of soul consciousness in practical living

Both of these themes run through every year of this century.

The spiritual demand placed upon us by life itself during this time will be to learn about soul, cultivate and develop soul, and bring about a soul centered focus on quality, values and meaning in all our relationships. The difficulties, conflicts and challenges that we experience in this period of time will inevitably be a result of not responding to this soul demand. All conflict resolutions, all negotiations, all healing approaches to illnesses and emotional and psychological disturbances, will eventually have to address the issue of soul. Healers, therapists, counsellors and educators must learn to become soulful workers and soul guides.

It is because of this that we launched a website [www.thesouljourney.com](http://www.thesouljourney.com) and specific programs to assist people in becoming soul centered.

As the 21<sup>st</sup> century progresses it becomes a very creative time, bringing spirituality into everyday life. An example of this already showing is the interconnection between brain science and developing soul consciousness. The new expressions in science and technology will increasingly consider the relationship to universal reality. Communications will flourish. The universal dimensions of life and the life-giving energy

of Spirit will inspire people to consider the moral and ethical implications of situations and actions. These considerations will come increasingly from the voice of the people rather than from political or other hierarchies and authorities. This implies that we need to make our voices heard – our soul voices which speak for Spirit in form, and always considers the good of the whole as a priority.

Before the transformations implied can occur, and as part of the awakening process, we need to collectively go through major challenges in relationships. Globally this is already taking place through failing economic systems that impoverish people, wars that destroy the integrity and autonomy of cultures and societies, and natural environments that are abused and polluted.

All three of these areas of life are of great significance for balanced sustainability on this planet. They demand a complete adjustment in the way humans relate. The whole globalization reality is also requiring solutions to these relationship challenges.

## The Year 2018

2018 has relationships as the primary theme. This year the heart chakra is the center most involved for all of us. The symbolism of the year is a two-edged sword. One edge is the great potential for imbuing relationships with a spiritual and moral quality. If this is done, great benefits result or all concerned. The other edge is the cutting or destruction of relationships in a rather sudden fashion when the spiritual or soul quality of love is lacking. This is the reality that would pertain to both personal relationships and what happens between groups and nations.

The way to realize the positive aspects of the primary theme of relationships is to focus on the two very significant supporting energies that have many implications. First of all, there is a feminine energy that supports all people to being open and receptive to the diversity of life, appreciating and accepting the unique contribution that every person, group or belief can give to the whole. Secondly, there is a universal energy requiring everyone to be universal in understanding and tolerance. It also places great emphasis on sublimating self interest in favour of the greater good.

We must remember that humanity's task is to create. This means that we must link humanity with divinity.

We need to nurture the soul seed within our personality selves that it might grow and eventually come to birth as loving expression.

It means being intelligent in worldly ways of knowing deeply and wisely the nature of body, of things and of the world so that we can use these things through which to manifest the divine or Spirit. It suggests that in all the practical aspects of our living and livelihood we need to create the means for the Spirit to be made manifest. It means to nurture and support in a very feminine way the atmosphere, for soul to emerge.

We have the presence of the opposites this year – specifically wisdom and foolishness. Wisdom will prevail where soul is present. Foolishness will prevail when we are denying soul and when ego prevails. Wisdom leads to appropriate creativity while foolishness leads to inappropriate destruction.

When soul is denied, and personality dominates we have the following tendencies on a personal level, which may well challenge us this year.

1. Inertia or laziness – even to the point of illness where we are feeling sorry for ourselves and just want to do nothing as a compensation for the struggles and direct challenges of the recent past.
2. Dependency. Some people will want others to take care of them. There is excessive passivity, with lack of initiative. For some this could be physical dependency, for others economic dependency, and for still others emotional dependency.
3. Manipulation. Where there is lack of self-esteem or self valuing, people will manipulate others to get what they want, to compensate for the lack they feel within themselves.
4. Hypersensitivity. When people don't express their sensitivity based on love, they become hypersensitive and over-reactive. They become touchy and reactionary.
5. Insensitivity. When we refuse to be open, we become insensitive to needs, feelings and the soul.

When the soul does prevail and we come from that center of balance we manifest the following characteristics.

1. We value ourselves in a balanced, soulful way. We see our true inherent value and worth.
2. We value others and honour their inherent worth.
3. We are sensitive to others feelings and needs.
4. We express love to others through empathy and compassion.
5. We give support in ways that others truly need, rather than in ways that we want.
6. We empower others to take care of themselves.
7. We are open to the soul, to the heart and to the essence of things and people.

8. We become an intermediary, a channel, a “means by which others may achieve”. This includes being a peace-maker.

This year we emphasize developing the heart and learning how to improve our relationships. This implies then, that this is a time to make peace – to find peace within and to make peace with others, to anchor the energy of peace in the world.

Some very important questions we need to ask ourselves during this year include:

1. What do I need to learn in order to be more heart-centered?
2. What can I contribute to life? What can I contribute in this situation right now?
3. What can I do to improve my relationships?
4. Where am I being hyper-sensitive or insensitive – and why?
5. What is my value?
6. How can I improve conditions of cooperation and interdependence?
7. What are my defences that I use to keep myself separate, to keep others and life out? That is, how and when do I close my heart?

The year 2018, resonates with the Buddhist plane of soul – the plane of love-wisdom. There is emphasis, therefore, on unconditional love, on healing (in a soul-centered way), on comprehension (knowing from broad perspectives) and on intuition (the ability to know any thing in relation to the whole that it is part of). Healing, comprehension and intuition are three of the Buddhist plane senses or faculties of the soul.

Everything about the year 2018 speaks of right relationships. The ultimate relationship is between Spirit (the divine) and matter, embodied in soul consciousness.

Relationships only exist where duality exists. In this year and in this cycle our purpose is to re-establish harmonious relationships based on spiritual principles, in all areas of life where duality, conflict or lack of mutual support exists.

Last year we needed to remember who we are. This year we need to remember the journey we are on and what it is all about. To remember the journey we enter the gateway to the inner planes and the inner realms of unconditional Love-wisdom. We do this through choice if we are soul centered enough. Or we do it through crisis if the soul is insufficiently awakened.

Economy

For some years many have been speaking about the necessity to change our world economic system because it does not reflect right relationship. It is based on self interest on behalf of those who have the greatest economic power and does not give sufficient value to the common good. This results in the impoverishment of the vast majority of people, and is responsible for the growing gap between rich and poor with dire consequences for all.

This flawed economic system which was called 'free market economy' became the system first adopted by the U.S. and then spread throughout the world. It suggested that government regulation was not required because the market would provide sufficient checks and balances. The factor of greed was not considered.

Economics originally meant 'taking care of the household of the world.' With the association of house and household with the energies of this year, the masculine energy of the old economics must yield to the feminine energies that considers the good of the house in which we all live.

October of each year usually gives an indication of what will be emphasized in the whole year ahead. And the way to deal with it is to restructure the system using the precise soul energies of the year we are describing. This would definitely give us a system with right human relations globally, and right relationship to the environment as well. And it would certainly diminish the aggressive and self-centered rationale that leads to war.

If we focus correctly on the energies of the year the consequence will be increased service because of the resulting sensitivity and urge to give of oneself. This is the creative energy then manifesting through our intelligent heart. The well-being of humanity and of our environment depends on each one of us to manifest our soul-centered responsibility.

We wish you a soul centered year ahead. May you be blessed.

With love and gratitude,

Bonnie Schneider  
And Barbara Craven (technical support)